



# *Building Futures*

**Prepare for Construction and Building Trades Apprenticeships and Jobs**

## **OUR 6-WEEK PRE-APPRENTICESHIP PROGRAM**

Prepares You To Become a Better Candidate for Entry Into Apprenticeships or Occupations Like These:

**Insulation • Heavy Equipment • Building Maintenance • Laborers  
 • Cement Masonry • Steam fitting • Bricklaying • Sheet Metal Work  
 • Plumbing • Electrical Systems • Carpentry • Ironwork  
 • Fire & Alarm Systems • Painting**

### **To apply you must:**

- Want a career in construction
- Be 21 years of age or older
- Be Drug-free & healthy
- Have a high school diploma or GED
- Have a Valid Driver's license or Learner's Permit

### **You will learn about:**

- The construction industry
- Tools and materials
- Basic construction math
- Blueprint reading
- Job readiness
- Green Technologies

### **Become certified in:**

- OSHA 10
- CPR
- First Aid and AED
- Flagger Safety
- Scaffold User Training

**If you are interested in CONSTRUCTION as a career,  
 CALL (202) 974-8223 for more information.**



AFL-CIO Community Services and United Way Partnership

**Community Services Agency of the Metropolitan Washington Council, AFL-CIO**

This program is possible through funds provided by DOL GJIF, the MARPAT Foundation, and other local supporters